My Family

A simple family genealogy research project.



Families are important. Learning about the people we are related to makes us understand ourselves better. Plus, it's always fun to hear stories from the past and know that even our grandparents had a childhood – just like us!

This printable gives you the pages you need to research and interview your close and extended family members. Print out the sets that you need – for example, you will probably want to print out two copies of the Grandmother and Grandfather sheets – one for each side of the family.

There's an extra "More Family" page to use for anyone in the family – great grandparents, aunts, uncles, ancestors from the past, etc. Try to fill in the family tree.

If your family comes from another country, there's a page for that too.

And, for those kids who are adopted – I haven't forgotten you. I'm an adoptee myself and I know how conflicting the idea of family history can be.

Enjoy this opportunity to learn about the family around you – both past and present.

As always, please send anyone interested in getting these sheets to my website instead of sharing them directly. I appreciate that.

Happy Learning! Lisa Marie.

My Dad

Full Name:	
Birthdate:	
Where he was born:	
What his job is:	
His Dad's Name :	
His Mom's Name :	
Living Deceased Date of	Death:
Other Notes :	

My Dad's Family
Does my Dad have any siblings? yes no
How many?
Their names & birthdates:
Where did he grow up? Any other neat facts?

My Mom

Full Name:	
Birthdate:	
Where she was born:	
What her job is:	
Her Dad's Name :	
Her Mom's Name :	
Living Deceased Date of	Death:
Other Notes :	

My Mom's Family	7
Does my Mom have any siblings? yes no	
How many?	
Their names & birthdates:	
Where did she grow up?	-
Any other neat facts?	

My Grandmother

Full Name:
Birthdate:
Where she was born:
What her job is/was:
Her Dad's Name :
Her Mom's Name :
Living Deceased Date of Death:
Other Notes :
Dad's Mom's Side Side

My Grandma's Fami	ly
Does my Grandma have any siblings? yes no)
How many?	
Their names & birthdates:	
	-
	-
	-
	-
Where did she grow up?	
Any other neat facts?	

My Grandfather

Full Name:
Birthdate:
Where he was born:
What his job is/was:
His Dad's Name :
His Mom's Name :
Living Deceased Date of Death:
Other Notes :
Dad's Mom's Side Side

My Grandpa's Family
Does my Grandpa have any siblings? yes no
How many?
Their names & birthdates:
Where did he grow up?
Any other neat facts?

More Family

Full Name:
Birthdate:
Where they was born:
What their job is/was:
Dad's Name :
Mom's Name :
Living Deceased Date of Death:
Other Notes :
Dad's Mom's Side Side



How many generations have lived here?

Do any of your ancestors or you speak a different language? If so, which language?

Think of other traditions your family has because of your heritage. Write or draw about them on the back or another paper.

I am Adopted.

Being adopted can make the whole idea of family heritage feel like a challenge. Where do YOU fit in your family tree? What about YOUR history, YOUR ancestors? Do you just accept the history of your adopted family or do you wish you knew more about your birth family? It's ok to accept both.

As an adopted child, you have two completely different families and it's ok to take interest and pride in BOTH of them.

How old were you when you were adopted? _

Do you know anything about your birth parents? Write what you know below. (Lots of adopted people know nothing about their birth family because it wasn't allowed to be shared.)

I am Adopted.

What do you wish you knew about your biological family?

Imagine your family tree as if someone took a branch from another tree and stuck it onto your adoptive family's tree. Draw how that could look.

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